Middlesex County Nutritional Resources

Women, Infants, Children:
Provides supplemental nutrition foods to eligible women and children under the age of 5. For more information and to see if you are eligible, please go to http://www.fns.usda.gov/wic/wic-how-apply

24-hour Hotline Phone Number: 1-800-328-3838

Feeding America:
To find your local food bank, you may go to feedingamerica.org and click on the “find your local food bank” tab. You may then enter your zip code for more information.

NJ211:
Additional resources and help on hunger can be found on NJ211.org. In addition, you may call 211 for assistance on the phone.

Supplemental Nutrition Assistance Program (SNAP):
SNAP offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. For more information and to see if you are eligible, please go to http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap

Phone: 732-745-3500 or 1-800-792-9773 (option 2; may leave a voicemail if after-hours)

New Brunswick
ELIJAH’S PROMISE
Site: 18 Neilson Street New Brunswick, NJ 08901
Phone: 732-545-9002
Website: www.elijahspromise.org. www.elijahspromise.net
Hours: Mon-Fri: 8am-7pm; Sat & Sun: 10am-5pm
This site provides a soup kitchen, clothing, health and services outreach for people with HIV/AIDS.

EBENEZER BAPTIST CHURCH
Site: 126 Lee Avenue at Rev. Dr. Lonnie Ford Place, New Brunswick, NJ 08901
(at Rev. Dr. Lonnie Ford Place)
Phone: 732-247-2459
Hours: Soup Kitchen - Tues: 11am-1:15pm
This site provides a soup kitchen, non-perishable food and clothing when available.

EMANUEL LUTHERAN CHURCH
Site: 1-3 Kirkpatrick Street, New Brunswick, NJ 08901
Phone: 732-545-2673
Pantry – Weds 10am-12pm and 3rd Saturday 9am-11am
This site provides a food pantry.

SALVATION ARMY
Site: 287 Handy Street, New Brunswick, NJ 08903
Phone: 732-545-1477
Email: jeanette_lugo@use.salvationarmy.org
Food Pantry for Emergency cases ONLY: Mon, Wed, Fri 9am-11am (need photo ID, address verification and birth certificates for minors.)
This site provides a food pantry and Sunday services to New Brunswick, East Brunswick, North Brunswick, Highland Park and Milltown.

Plainsboro
PLAINSBORO TOWNSHIP EMERGENCY FOOD PANTRY
Site: 641 Plainsboro Road, Plainsboro, NJ 08536
Phone: 609 799-0909 x1712 or x1706
Website: www.plainsboronj.com
Pantry - alternate weeks on Tuesdays & Thursdays
Application open to residents of Plainsboro Township ONLY.

Edison
NEW BEGINNINGS CHURCH OF THE NAZARENE
Site: 80 Jefferson Blvd., Edison, NJ 08817
Hours: 4th Sat of each month: 1-3pm
This site provides non-perishable food, clothing, and toiletries when available.

HANDS OF HOPE FOOD PANTRY @ St. James Episcopal Church
Site: 2136 Woodbridge Ave. Edison NJ 08817
Contact info: Jackie Goedesky, 732-236-3330
Webpage: handsofhopenj.net
Hours: 1st and 3rd Saturday of every month - 11:00 am - 1:30 pm

Perth Amboy
MERCY HOUSE OF CATHEDRAL INTERNATIONAL
Site: 282 McClellan Street, Perth Amboy, NJ 08861
Phone: 732-826-0447
Hours: Mon-Fri: 9am-5pm
This site provides a pantry, a free thrift shop, social services, and referrals to agencies.

SALVATION ARMY
Site: 433 State Street, Perth Amboy, NJ 08861
Phone: 732-826-7040
Hours: Pantry - Mon, Wed, Thurs, Fri: 9-11am
Lunch program – Mon-Fri within the last 10 days of the month: 11:30am – 12pm
School tutoring program – Tues, Weds, Thurs: 4-6pm
This site provides a pantry, a feeding program only available as noted above, and an after-school tutoring program for children in first through fourth grade

RENOVATION HOUSE - A SERVICE OF YOUTH CHALLENGE OF NEW JERSEY, INC.
Site: 200 Jefferson Street, Perth Amboy, NJ 08861
Phone: 732-826-4565
Website: www.rhrehab.org
Hours: Office - Mon-Fri: 9am-4pm
This site provides an in-resident rehabilitation home for men 18 years of age and older for a 12 month stay.
North Plainfield
LIGHTHOUSE OUTREACH MINISTRY
Site: 384 Somerset St., North Plainfield, NJ 07060
Mail: P.O. Box 7202, Watchung, NJ 07069
Phone: 908-754-6211
Website: www.calvarynp.com
Hours: Every 2nd, 4th and 5th Saturday of each month from 9am-12pm.
This site operates an emergency food pantry.

Somerville/Bound Brook
INTERFAITH HOSPITALITY NETWORK OF SOMERSET COUNTY
Site: 98 West End Avenue Somerville, NJ 08876
Phone: 908-704-1920
Hours: Mon-Fri: 9am-5pm
This site provides an emergency homeless shelter.

SHIP (SAMARITAN HOMELESS INTERIM PROGRAM)
Site: 87 East High Street, Somerville, NJ 08876
Phone: 908-725-3260
Fax: 908-725-2582
Hours:
Somerset Estates, Franklin Blvd & Baier Ave Parking Lot, Somerset: Mon & Fri: 5:30-6:30pm
South Bound Brook Reformed Church, Clinton St., South Bound Brook: Tues: 5:30-6:30pm
United Reformed Church, 100 West Main Street, Manville: Wed: 5:30-6:30pm
Sacred Heart Roman Catholic Church, 136 South Main Street, Manville: Thurs: 6-7pm
Saint John’s Episcopal Church, 148 West High Street, Somerville: Hot Lunches: Mon, Wed, Fri, 3rd Tues of the month: 12:30-1:30 pm
This site provides mobile soup kitchen meal sites in Somerset, South Bound Brook, Somerville, and Manville. In addition it provides SHIP's GALLEY, a soup kitchen, in Somerville, a holiday meals programs, an emergency food pantry, and an emergency meal voucher program.

Resource adapted from New Jersey Anti- Hunger Coalition. For more information or to search for other ways to end hunger, please visit www.njahc.org