The CRAFFT Questionnaire (version 2.1)
To be completed by patient

Please answer all questions honestly; your answers will be kept confidential.

During the PAST 12 MONTHS, on how many days did you:

1. Drink more than a few sips of beer, wine, or any drink containing alcohol? Put “0" if none.

2. Use any marijuana (weed, oil, or hash, by smoking, vaping, or in food) or "synthetic marijuana" (like “K2,” “Spice”) or “vaping” THC oil? Put “0" if none.

3. Use anything else to get high (like other illegal drugs, prescription or over-the-counter medications, and things that you sniff, huff, or vape)? Put “0" if none.

READ THESE INSTRUCTIONS BEFORE CONTINUING:
- If you put “0" in ALL of the boxes above, ANSWER QUESTION 4, THEN STOP.
- If you put “1” or higher in ANY of the boxes above, ANSWER QUESTIONS 4-9.

4. Have you ever ridden in a CAR driven by someone (including yourself) who was “high” or had been using alcohol or drugs?

5. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?

6. Do you ever use alcohol or drugs while you are by yourself, or ALONE?

7. Do you ever FORGET things you did while using alcohol or drugs?

8. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?

9. Have you ever gotten into TROUBLE while you were using alcohol or drugs?
The CRAFFT Interview (version 2.1)
To be orally administered by the clinician

Begin: “I’m going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential.”

Part A
During the PAST 12 MONTHS, on how many days did you:

1. Drink more than a few sips of beer, wine, or any drink containing alcohol? Say “0” if none.  
   # of days

2. Use any marijuana (weed, oil, or hash, by smoking, vaping, or in food) or “synthetic marijuana” (like “K2,” “Spice”) or “vaping” THC oil? Put “0” if none.  
   # of days

3. Use anything else to get high (like other illegal drugs, prescription or over-the-counter medications, and things that you sniff, huff, or vape)? Say “0” if none.  
   # of days

Did the patient answer “0” for all questions in Part A?

Yes ☐  No ☐

Ask CAR question only, then stop  Ask all six CRAFFT* questions below

Part B

C Have you ever ridden in a CAR driven by someone (including yourself) who was “high” or had been using alcohol or drugs?  
   No ☐  Yes ☐

R Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?  
   No ☐  Yes ☐

A Do you ever use alcohol or drugs while you are by yourself, or ALONE?  
   No ☐  Yes ☐

F Do you ever FORGET things you did while using alcohol or drugs?  
   No ☐  Yes ☐

F Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?  
   No ☐  Yes ☐

T Have you ever gotten into TROUBLE while you were using alcohol or drugs?  
   No ☐  Yes ☐

*Two or more YES answers suggest a serious problem and need for further assessment. See back for further instructions

NOTICE TO CLINIC STAFF AND MEDICAL RECORDS:
The information on this page is protected by special federal confidentiality rules (42 CFR Part 2), which prohibit disclosure of this information unless authorized by specific written consent. A general authorization for release of medical information is NOT sufficient.
1. Show your patient his/her score on this graph and discuss level of risk for a substance use disorder.

![Graph showing percent with a DSM-5 Substance Use Disorder by CRAFFT score.]


2. Use these talking points for brief counseling.

1. REVIEW screening results
   For each “yes” response: “Can you tell me more about that?”

2. RECOMMEND not to use
   “As your doctor (nurse/health care provider), my recommendation is not to use any alcohol, marijuana or other drug because they can: 1) Harm your developing brain; 2) Interfere with learning and memory, and 3) Put you in embarrassing or dangerous situations.”

3. RIDING/DRIVING risk counseling
   “Motor vehicle crashes are the leading cause of death for young people. I give all my patients the Contract for Life. Please take it home and discuss it with your parents/guardians to create a plan for safe rides home.”

4. RESPONSE elicit self-motivational statements
   Non-users: “If someone asked you why you don’t drink or use drugs, what would you say?” Users: “What would be some of the benefits of not using?”

5. REINFORCE self-efficacy
   “I believe you have what it takes to keep alcohol and drugs from getting in the way of achieving your goals.”


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