Dear Parent or Guardian:

During today's adolescent well visit, your child will learn about the importance of regular healthcare visits, have conversations about her/his mental and physical health and receive certain screening tests.

We want to inform you of our office policy to discuss certain issues in private with our teenage patients. This helps us establish trust and honesty with patients. We encourage our patients to share what we discuss with their parents afterward if they feel comfortable.

All conversations today will be kept age appropriate. Topics may include:

- Emotional health
- Healthy eating and sleeping habits
- Friends and relationships
- Sexual activity and sexually transmitted infections (STIs)
- Drugs and alcohol

In coordination with recommendations from national health agencies, our office screens all female patients age 15-24 for chlamydia (CT) and gonorrhea (NG), without regard to sexual activity and unless patients decline. CT and NG are common sexually transmitted infections that often have no symptoms and can cause long-term problems like infertility if they are not treated.[1,2]

If you have more questions about your child's visit, please let us know. Together, we can help set the stage for your teen to live a healthy, happy life.

References: 1. CDC. Chlamydia - CDC Fact Sheet. https://www.cdc.gov/std/chlamydia/stdfact-chlamydia.htm. Updated October 4, 2017. Accessed August 9, 2018. **2.** CDC. Gonorrhea - CDC Fact Sheet. https://www.cdc.gov/std/gonorrhea/stdfact-gonorrhea.htm. Updated October 4, 2017. Accessed September 9, 2018.