First-catch Urine Collection
Female collection guide

Patient should not have urinated for at least 1 hour prior to specimen collection.

Wash your hands thoroughly with soap and water.

Removed the urine collection lid and place the lid upside down on the counter. 
**Do not touch the inside of the cup with your fingers.**

**DO NOT CLEAN** the urinary opening with a cleaning wipe.

Begin urine stream directly into the collection cup. 
Stop when the urine collection cup is **approximately 20 to 30 mL** full. 
Do not overfill the cup. 
Finish urinating into the toilet.

Tightly screw the lid back on and avoid touching inside the collection cup. 
Place the cup in the designated area or give to a medical staff member.

Hologic provides this specimen collection guide as a general informational tool only; it is not an affirmative instruction or guarantee of performance. It is the sole responsibility of the clinician/laboratory to read and understand the appropriate package insert and comply with applicable local, state and federal rules and regulations.
First-catch Urine Collection
Male collection guide

Patient should not have urinated for at least 1 hour prior to specimen collection.

Wash your hands thoroughly with soap and water.

Removed the urine collection lid and place the lid upside down on the counter.  
Do not touch the inside of the cup with your fingers.

DO NOT CLEAN the penis opening with a cleaning wipe.

Begin urine stream directly into the collection cup.  
Stop when the urine collection cup is approximately 20 to 30 mL full.  
Do not overfill the cup.  
Finish urinating into the toilet.

Tightly screw the lid back on and avoid touching inside the collection cup.  
Place the cup in the designated area or give to a medical staff member.

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