September is National Suicide Prevention Month

Can you recognize the warning signs?

Suicide Prevention and Mental Health in the News:

NIH Study Shows Many Preteens Screen Positive for Suicide Risk During ER Visits
US Department of Health & Human Services, National Institute of Health

Let’s Dial 988 to Stop Suicides
The Washington Post

The Scientific Debate Over Teens, Screen, and Mental Health
NPR
The Lonely Burden of Today's Teenage Girls
The Wall Street Journal

In Month After ‘13 Reasons Why’ Debut on Netflix, Study Finds Teen Suicide Rate Grew
The New York Times

Suicide Rates for U.S. Teens and Young Adults Are the Highest on Record
Los Angeles Times

Help Hard to Find for Teens Struggling with Mental Health, Thoughts of Suicide
USA Today

Suicide Attempts Are Hard to Anticipate. A Study That Tracks Teens’ Cellphone Use Hopes to Change That
Science Mag

Scientists Investigate Suicide Risk Among LGBTQ+ Teens
Science News for Students

Provider Resources:
- AAP Campaign: Suicide Prevention
- AAP Video Resource: Using Motivational Interviewing to Identify and Address Self-Harm and Suicide
- AAP Video Resource: Using Motivational Interviewing to Identify and Address Depression
- AAP Policy Statement: Suicide and Suicide Attempts in Adolescents
- Clinician Toolkit: 13 Reasons Why Clinician Toolkit
- Clinician Toolkit: Mental Health Toolkit

Family Resources:
- Suicide Prevention Lifeline: Call 800-273-8255 or visit the website
- Society for the Prevention of Teen Suicide: Suicide Prevention Resources for Parents, Guardians, and Families
- Society for the Prevention of Teen Suicide: I’m Worried About My Child
- Society for the Prevention of Teen Suicide: Talking to Your Kids About Suicide
- Healthy Children: 10 Things Parents Can Do to Prevent Suicide
- Parent Toolkit: 13 Reasons Why Parent Toolkit
- Resource: Which Kids Are at Highest Risk for Suicide?
- Resource: Mental Health and Teens: Watch for Danger Signs
- Resource: NIMH Answers Questions About Suicide

Upcoming Webinar: "Curbside with a CAP: Comprehensive Assessment and Management of Depression in Youth"
Tuesday, September 10, 2019, 12:00 to 1:00 PM

Do you have any questions for a CAP about comprehensive assessment and treatment approaches for depression?

Join us for an interactive overview of assessment and treatment approaches for depression, presented by Statewide Medical Director of the PPC and CAP, Dr. Shobha Chottera and Clinical Therapist for the PPC and LPC, Csilla Greiner.

Ample time will be provided for Q&A.

Presenters:
Shobha Chottera, MD
Medical Director, Pediatric Psychiatry Collaborative
Recent Webinars:

“ARFID: Addressing extreme picky eating and co-morbid mental/behavioral health issues in primary care”
Jill Castle, MS, RDSN
Childhood Nutrition & Feeding Expert
July 2019

“FAQs of the PPC and MOC: How to integrate mental/behavioral health in your pediatric primary care or specialty practice”
Raymond Hanbury, PhD, ABPP
Program Director, Pediatric Psychiatry Collaborative
Kristine Lubas, MSW, LCSW
Clinical Program Manager, Pediatric Psychiatry Collaborative
Natalie Gengel, MD
Participating Pediatrician, Pediatric Psychiatry Collaborative
August 2019

What mental health-related topics would you like to learn more about?

The NJAAP Mental Health Collaborative (MHC) team wants to know what content you find most valuable! Click on the button below to share your ideas for future newsletters, webinars, and other educational opportunities and events.

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