Due to the COVID-19 pandemic, school re-opening comes with new challenges and unknowns. The NJAAP Training Institute is committed to improving the health, safety, and well-being of all children across the state. To support all school staff as students return to school, the institute is offering professional development opportunities to bridge the gap between research and practice to employ trauma-responsive strategies and help all students thrive. Topics are listed below and can be adapted to meet the needs of districts and schools across the state. A focus on culturally responsive approaches to SEL and trauma-responsive schools will be integrated into all professional development opportunities.

Topics Include:

- Understanding the origins of the ACEs study and the landscape of ACEs in New Jersey
- Describing the impacts of ACEs, trauma and toxic stress on the social, physical and mental health of students, families and school staff and how to provide support
- Utilizing best practice strategies to identify signs of trauma and address SEL needs of all students
- Building key social and emotional skills and competencies
- Managing fear, stress and anxiety
- Maintaining healthy social connections in a virtual world
- Identifying and responding to suspected child abuse and neglect
- Addressing educator burnout and how to cope with secondary traumatic stress
- Understanding the effects of systemic racism and cultural bias
- Partnering with healthcare professionals, families and community organizations to identify and respond to the current needs of students and families

FOR MORE INFORMATION, PLEASE CONTACT TRAINING@NJAAP.ORG

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