



Overview of Grant

In November of 2021, NJDOH received a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). The Garrett Lee Smith Youth Suicide Prevention Grant: NJDOH Readiness to Stand United Against Youth Suicide (R2S challenge). Through this grant, NJDOH is partnering with state agencies, professional organizations, universities and community-based organizations to lay a foundation that will help youth serving professionals in schools, hospitals, behavioral health, doctors offices and more to effectively identify, refer, treat and prevent youth suicide. This grant will do so much for NJ youth and the professionals who serve them. For this initiative, NJDOH is partnering with our school health grantee partners to bring Lifelines Trilogy, an evidence-based suicide prevention curriculum to your school district/ community.

Services Available

Through the GLS Lifelines initiative, each selected district will receive full funding for the Lifelines Trilogy, this includes planning, training, training and curriculum materials and program roll-out as well as funds to pilot a technology package if your district does not currently use one. The funds will be for one year and cover the full implementation of Lifelines and provide an opportunity to test a technology package in your district. These funds will be for one year only. If your school completes all of the required program milestones, you will receive a monetary bonus to be used at your district's discretion.

Steps to become a GLS Lifelines District

If you are interested in becoming a GLS Lifelines district please complete the interest application below and make an appointment to present to your school board, if you have not done so already. Because Lifelines is a district wide program, it is ideal that all schools in the district can participate. If you are a K-12, 7-12 or 9-12 district Lifelines could be right for you. Since the bulk of the program occurs in 7-12, we will not be accepting K-6 or K-8 districts for this grant.

Complete the Interest Application

Please use the link or QR code below to complete the interest application.

https://monmouthpolling.co1.qualtrics.com/jfe/form/SV_3n2ckoHUmGZ9Cuy





Lifelines Overview

Lifelines is a school-based suicide prevention program consisting of three training modules that incorporate principles of trauma-informed theory and social emotional learning into a comprehensive response program. Lifelines implementation includes a step-by-step roll-out plan that is designed to support your mission to provide a safe learning environment for all your students. As a district, you have a tremendous opportunity to become trained in the Lifelines Trilogy at no cost to your school system.

The three training modules are:

1. Lifelines Postvention: Addresses school response to any type of traumatic loss events in the school community from grades K-12. This training module includes:
 - A proactive and detailed response plan that can be tailored to meet the specific needs of a school community or the circumstance of the loss.
 - Resources for identifying and training members of a crisis team.
 - Table-top exercises that reinforce the school's policies and protocols and foster the development of a sustainable, best-practice postvention model relevant to your school's culture and resources.
2. Lifelines Intervention: Instructs school support and resource staff from elementary through high school on identifying and responding to students who may be at suicide risk. This training module includes:
 - Practical tools for talking about suicide in a developmentally appropriate and conversational manner designed to decrease stigma.
 - Training videos that demonstrate techniques for engaging challenging students and parents in the intervention and referral process.
 - Detailed information about potentially higher risk students including those who are subjects of bullying, who identify as LGBTQ+, who are gifted, or who are returning to school after a suicide-related or other traumatic event absence.
3. Lifelines Prevention: Sets the foundation for a school's competence in youth suicide prevention. This training module includes:
 - Instruction on providing the evidence-based curriculum for grades 5-6 (four session curriculum), 7-10 (four session curriculum) and 11-12 (two session curriculum).
 - Instruction on providing suicide awareness training to all faculty and staff.
 - Instruction on providing suicide awareness training to parents and guardians.



This project is being funded by the NJ Department of Health with funds from SAMHSA's Garrett Lee Smith Tribal/State Youth Suicide Prevention Grant 1H79SM082149-01.

Roll Out Plan

As a school district, you can select one of two eligible providers as your partner for implementing Lifelines in your school community. There are two agency profiles in this packet for your review.

Your agency provider will then set up an initial consultation meeting with your district administration and any other key stakeholders you select. At this initial consultation meeting you will work collaboratively to review the needs of your district in relation to prevention, intervention and postvention. Working with your school's calendar, you will determine the timing of the implementation process, which will include the following steps:

1. Meetings with district and school administration to review Readiness Assessments and policy and procedures.
2. Meetings with school counseling staff to review assessment, referral and treatment data collection process.
3. Implementation of 6.5 hour Postvention training to crisis team members, administration, and other key community members.
4. Implementation of 6.5 hour Intervention training to school support and resource staff and other key community members.
5. Check in meeting with district and school administration to monitor progress, discuss policy and procedure revisions and make adjustments as needed.
6. Implementation of 6 hour Prevention training to school faculty who will be teaching the prevention curriculum (often PE and health teachers) and other key school community members.
7. District implementation of full faculty and staff suicide awareness and Lifelines training.
8. District implementation of Lifelines parent and guardian suicide awareness workshop.
9. District implementation of student Lifelines Prevention curriculum.
10. Wrap up meeting with district and school administration including review of new policy and procedural guidelines.
11. District follow-up completion of Readiness Assessment and Intervention survey.

Benefits of Lifelines to your school community

- Because it is a comprehensive, universal and evidence-informed prevention program, it includes specific detailed content for all members of the school community, contributing to a school culture that reinforces suicide awareness and prevention.
- Program materials avoid clinical or mental health jargon and present information in simple language that is accurate and easily understandable.
- The principles of trauma-informed schools are integrated into all three program components.
- Student curriculum highlights principles of social emotional learning.
- Program sustainability is reinforced through the development of policies and procedures and the integration of the prevention component into the student curriculum.



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