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References for talks from CHALO! conference:

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   3. American College of Cardiology, Cardiology Magazine May 2019 cover story: South Asians and Cardiovascular Disease: The Hidden Threat
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B. Dr. Gaur: Are The Kids Okay? Cardiometabolic Risks in Children of South Asian Origin
   7. https://www.childstats.gov/americaschildren/demo.asp#
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Dr. Ohri-Vachaspati: Can Policy Fix Our Sweet Tooth?
33. CDC Get the Facts: Added Sugars

34. Scientific Report of the 2020 Dietary Guidelines Advisory Committee

35. Dietary Guidelines for Americans 2020 - 2025

36. Urban Institute: Soda Taxes

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Dr. Karasz: The CHALO! RCT: Addressing Common Risk Factors in Bangladeshi Immigrant Children

Dr. Mohan: Improving Pediatric Dental Care in the South Asian Community

Dr. Ramachandran: Closing Remarks
Other resources for professionals:
1. The Mediators of Atherosclerosis in South Asians Living in America (MASALA) Study  https://www.masalastudy.org/
2. South Asian Healthy Lifestyles Initiative (SAHELI) and the South Asians Active Together study (SAATH)  https://www.sahelistudy.org/ https://www.facebook.com/SaheliStudy2
4. A free, online educational program on cultural competency accredited for physicians, physician assistants, and nurse practitioners from the U.S. Department of Health & Human Services  https://thinkculturalhealth.hhs.gov/education/physicians

Resources for South Asian families
1. Health Education video series for South Asians: Virtual health Outreach for South Asians https://www.youtube.com/channel/UCGQg10VGnAM9piwmgf--00A
2. Learn how to make healthy substitutes to common Indian meals:  https://www.youtube.com/watch?v=EIt6jRuMck&t=336s