

Rutgers South Asian Total Health Initiative (SATHI)

https://rwjms.rutgers.edu/community_health/other/sathi/overview

<https://www.facebook.com/SATHIRUTGERS>

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B. Dr. Gaur: Are The Kids Okay? Cardiometabolic Risks in Children of South Asian Origin

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Dr. Ohri-Vachaspati: Can Policy Fix Our Sweet Tooth?

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Dr. Ramachandran: Closing Remarks

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Other resources for professionals:

1. The Mediators of Atherosclerosis in South Asians Living in America (MASALA) Study <https://www.masalastudy.org/>
2. South Asian Healthy Lifestyles Initiative (SAHELI) and the South Asians Active Together study (SAATH) <https://www.sahelistudy.org/>
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4. A free, online educational program on cultural competency accredited for physicians, physician assistants, and nurse practitioners from the U.S. Department of Health & Human Services <https://thinkculturalhealth.hhs.gov/education/physicians>

Resources for South Asian families

1. Health Education video series for South Asians: Virtual health Outreach for South Asians <https://www.youtube.com/channel/UCGQg10VGnAM9piwmgf--00A>
2. Learn how to make healthy substitutes to common Indian meals: <https://www.youtube.com/watch?v=Elot6jRuMck&t=336s>